

## Immunizations & Medications Required for 2010 AMIGOS Participants

The following immunizations and medications are **required or strongly recommended** for all AMIGOS Volunteers and Project Staff members. AMIGOS consults our Medical Director, in-country Peace Corps offices and the guidelines set out by the Centers for Disease Control and Prevention (CDC), in establishing Volunteer vaccine and medication requirements. AMIGOS will email you any updates specific to your project area and country. For more information, consult your doctor. The cost of immunizations and medications is not covered in the participation fee.

<b>Chicken Pox</b>	Required for all Volunteers	All Volunteers are required to have proof of immunization against chickenpox, or documentation of immunity to chickenpox (Varicella IgG positive status).
<b>Diphtheria/Tetanus/Pertussis</b>	Required for all Volunteers	The basic vaccine series against Diphtheria, Tetanus and Pertussis (whooping cough) – which includes a booster against Diphtheria and Tetanus in the last 10 years – is required. A booster which includes Pertussis (Adacel) is strongly recommended, even if the last Diphtheria/Tetanus booster was within the last 10 years. Please see the following link for more information: <a href="http://www.cdc.gov/vaccines/vpd-vac/tetanus/default.htm">http://www.cdc.gov/vaccines/vpd-vac/tetanus/default.htm</a>
<b>Hepatitis A</b>	Required for all Volunteers	The Hep A vaccine should be given at least two weeks before departure to the field. A booster shot of Hep A should be given 6-12 months following the initial injection (this may be administered after the summer program).
<b>Malaria prophylaxis</b>	Required for all Volunteers in México, Nicaragua, Honduras, Costa Rica, Dominican Republic, and Ecuador  <u>NOT</u> required for Volunteers in Panamá and Paraguay	Volunteers assigned to <b>México, Nicaragua, Costa Rica, Dominican Republic and Honduras</b> should receive <b>Chloroquine Phosphate (Aralen)</b> . The prophylaxis is in the form of oral medication taken once weekly. It should begin one week before potential exposure and continue during potential exposure and for four weeks following potential exposure. Volunteers assigned to <b>Ecuador</b> should receive <b>Atovaquone/proguanil, doxycycline, or mefloquine</b> . <u>The malaria species in Ecuador is resistant to Chloroquine</u> . Volunteers should consult their doctors regarding the appropriateness of these drugs for them. Some volunteers may have allergies, which necessitate other medication. Doxycycline (100mg a day while in country, and for 4 weeks after) is an alternative to either malaria prophylaxis regimen. Please visit <a href="http://wwwn.cdc.gov/travel/yellowbook/2010/chapter-2/malaria.aspx">http://wwwn.cdc.gov/travel/yellowbook/2010/chapter-2/malaria.aspx</a> for more information. Additionally please consult your physician to ensure that these medications do not interact with other medications you might be taking.
<b>Measles/Mumps/Rubella</b>	Required for all Volunteers	Volunteers are required to have had 2 doses of the measles vaccine. This may be either the initial MMR and 1 measles vaccination or 2 MMR vaccinations.
<b>Polio</b>	Required for all Volunteers	Volunteers are required to have completed a full series of polio vaccination. Normally, a full series is completed by entry into kindergarten/1st grade. If records of vaccination cannot be found, a booster shot of IPV is sufficient.
<b>Tuberculosis (TB) skin test</b>	Required for all Volunteers	Volunteers should inform their physician(s) that they will be living in rural or urban areas in Latin America and should have a TB skin test <b>BEFORE</b> and <b>at least 10 weeks AFTER</b> participating in the field program. Please report a positive TB skin test (along with chest x-ray results) to the AMIGOS International Office.
<b>Typhoid Fever</b>	Required for all Volunteers	Volunteers can receive either an oral vaccine (4 capsules taken over 8 days) or an injection (to be received at least three weeks before departure).
<b>Hepatitis B</b>	Recommended for all Volunteers	The American Academy of Pediatrics and Academy of Family Practice recommend that all adolescents be vaccinated for Hepatitis B. <b>Volunteers should discuss the Hepatitis B vaccine with their physician.</b>
<b>Meningitis (Menactra)</b>	Recommended for all Volunteers	<b>Please see the following link for more information:</b> <a href="http://www.fda.gov/BiologicsBloodVaccines/Vaccines/ApprovedProducts/ucm176044.htm">http://www.fda.gov/BiologicsBloodVaccines/Vaccines/ApprovedProducts/ucm176044.htm</a>
<b>Rabies</b>	Optional for all projects	There are three vaccines available: Human Diploid Cell Vaccine (HDCV), Rabies Vaccine Adsorbed (RVA), and Purified Chick Embryo Cell vaccine (PCEC). These vaccines are administered on days 0, 7 and 21 or 28 as an intramuscular injection. HDCV may be administered as an intradermal injection as well. If Volunteers have been exposed to rabies, they will require additional vaccination in the field. Those who have received pre-exposure vaccination against rabies will require less immunization in the field than those who have not been immunized prior to exposure. Post-exposure prevention of rabies for those who have not received pre-exposure immunization will require use of Rabies Immune Globulin (RIG), which may be difficult to obtain, and possibly require evacuation from the field. For this reason, rabies immunization may be appropriate for all Volunteers requesting it.
<b>Yellow Fever</b>	Recommended for all Volunteers in Paraguay and Ecuador	Yellow Fever is endemic in Paraguay and Ecuador. One injection provides protection for 10 years. For further info see these links: for Paraguay - <a href="http://wwwn.cdc.gov/travel/destinationParaguay.aspx">http://wwwn.cdc.gov/travel/destinationParaguay.aspx</a> for Ecuador - <a href="http://wwwn.cdc.gov/travel/destinations/ecuador.aspx">http://wwwn.cdc.gov/travel/destinations/ecuador.aspx</a>
<b>Mosquito Netting</b>	Required for all Volunteers	All Volunteers should bring mosquito netting to the field. It will be determined in Latin America as to whether netting is required at specific locations.